



Sleep is  
**NATURE'S  
BEAUTY  
SECRET.**



**LIVING NATURE<sup>®</sup>**

100% Natural. Uniquely New Zealand.

# Sleep: Nature's Beauty Secret

**Trees grow faster at night. Without the sun to make chlorophyll, they use their energy to replace damaged cells.**

Your body's no different.

Shut down your energy-hungry brain, and your body repairs itself at a cellular level. This rejuvenation process is essential to our wellbeing and to the health of our skin.

While you sleep, your skin's metabolic rate speeds up as it renews cells, which is when it can use the most help.

Rose Oil is the hero ingredient in our precious facial blend – Radiance Night Oil. A potent beauty serum, Rose Oil contains over 300 nutrient compounds, naturally stimulating collagen production for true beauty sleep.

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